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## Role of a preventive national program in combating Diabetes Mellitus & Cardiovascular Diseases

Most of the governments lose all resources on curative measures in dealing with Diabetes Mellitus without recognition the importance of preventive measures. The more governments pay, the more the need to increase the annual budget in proportion to total diabetic numbers. This viscous circle continues till the recognition of the importance of the preventive measure which will decrease the number of the new cases added to the pool of diabetic patients each year in any country. I will explain why Prevention Programs are hard to implement and types of prevention (high risk approach versus population based approach). The paper aims to shed light on the importance of such step. It describes the various roles of the governmental & non-governmental institutions in any community in the world. I will be discussing the role of each ministry in backing up the preventive National program.

- **Stakeholders:** Recognition & adoption
- **Ministry of Health:** Preparing the plans, policies & roles of National committee
- **National Steering Committee:** Consists of medical professionals in endocrinology, diabetology & cardiology & experts in prevention
- **Ministry of Education:** Allocations of sports facilities sports facilities
- **Municipality:** Observing of restaurants in city in following low-salt, low-fat & no added sugars policies
- **Ministry of Economic & Food industry:** Increasing availability & reducing cost of healthy foods
- **Ministry of Media :** Developing of locally appropriate health messages
- **Ministry of Youth & Sports:** Creating spirit of sports adoration
- **Community development Ministry:** Adoption of partnership of government & non-governmental institutions
- **Road & Traffic Authority:** Promotes walker-friendly communities

## Biography

Osman Amine El-Labban, graduate of American University of Beirut in 1985, has practiced in Lebanon & UAE. In Dubai, he joined primary health care (PHC) in Dubai Health Authority (DHA) in addition to active participation in obesity, wellness scientific groups & Diabetes network. He has established the first Diabetes mini-clinic in PHC and has written many articles on Diabetes & chronic diseases. He is a public speaker & an examiner in the MRCGP and holds FRCGP (int.) from UK. He played a vital role in updating Family Medicine Residency Program in PHC as co-Director. Recently, he joined Al Zahra Hospital.

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