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Enhance recovery after surgery: The way forward in colorectal surgery

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Enhance recovery after Surgery (ERAS) or 'fast track' pathways is a multidisciplinary approach to patients undergoing colorectal surgery design to improve the quality of overall care by expediting the recovery and reducing the hospital stay. These pathways use existing evidence to streamline and standardize the perioperative management of patients to improve pain management to speed up the intestinal recovery to facilitate rapid discharge from hospital and thus to minimize overall complication rate, minimize health cost and improve patient satisfaction. The fast track protocols are evidence based and shown to positively influence the patient outcomes.

Biography

Rasika Hendaheva is Consultant Surgeon from Caboolture Hospital, Australia with special interest in Laparoscopic and Colorectal Surgery. He also works as a Senior Lecturer in University of Queensland and has published many international papers in reputed journals including a recent Randomise control trail to improve theatre efficiency.

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