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## The Future of Hair Specialism

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Trichology is the science which includes all aspects of the hair and scalp in both health and disease. Trichologists usually take an holistic approach to helping people with hair or scalp problems and can be medical doctors (MD's), scientists (PhD's), nurses, cosmetologists, and indeed anyone with a specialist knowledge or interest in hair. Hair loss conditions are not always simple and the primary cause may be exacerbated by secondary factors. For instance, a condition of genetic hair loss may be accelerated with a poor diet or increased stress. It is also possible to have two or more simultaneous primary causes of hair loss. Improvement is often quicker if all these issues are addressed. Trichologists are aware of this and search for the answers that other disciplines may not have time to find. The time that trichologists can devote to each patient often exceeds that which can be provided by a physician, initial consultations and history taking often taking up to 1 hour. Regular follow-up and monitoring of responses to treatment is also a normal part of trichology. Trichologists have to be aware of new developments in the hair loss treatment field. The average client/patient is better informed today, often because of the Internet. The public want answers and want them given from a position of authority. The World Trichology Society helps its members and students keep up with any new treatments through its weekly newsletter. A further role of the trichologist is to serve as the eyes and ears of the physician. Often the trichologist will identify conditions ranging from iron deficiency to thyroid problems. This enables early diagnosis and treatment, often well before any other signs and symptoms would take the client/patient to his/her physician. This presentation will focus on trichology as the niche specialty that helps link cosmetology and dermatology. It will discuss that trichology is one of the fastest growing areas of hair care, and that certified trichologists are the specialists that are often best able to help people with hair or scalp problems. It will also talk about the World Trichology Society as an important organization in helping trichologists and other hair specialists achieve knowledge and expertise in the field of trichology.

## **Biography**

David H. Kingsley, PhD, WTS, LTTS, is president of the British Science Corporation (US) and director of the Dr. David Kingsley Science Corporation (UK). Both are internationally recognized companies dedicated to treating all types of hair loss and associated scalp conditions. Dr. Kingsley, who is also President of the World Trichology Society, is the ONLY trichologist in the WORLD who is a member of the American Academy of Dermatology, qualified as a certified trichologist in 1980 and attained his Doctorate through the University of Portsmouth (England). He has published many medical papers and has also presented his work on hair loss treatments at medical conferences

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