

Invisible technology is in!

Mani Pavitra

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Clear aligners are an alternative system to traditional braces that use a sequence of individual clear, removable “trays” to gradually straighten teeth. The alignment is accomplished with a series of trays each made of clear almost invisible plastic those completely cover the teeth; each tray is slightly different, and when worn for 23 hours a day for two weeks before going on to the next set in the series, will move the teeth into an improved position. The trays are computer-generated based on proper records and diagnosis of your specific situation. Results can vary widely depending on the skill and experience of the orthodontist or dentist, as well as the patient's compliance with continually wearing them.

Total treatment time can range from six months to two years. When treatment is well-planned, clear aligners can successfully realign or straighten teeth, close mild spaces, treat elongated teeth and tip teeth into better position.

Biography

Mani Pavitra is a Consultant Orthodontist and Dentofacial Orthopaedician, practicing exclusively in orthodontics in Hyderabad. She is CEO of Dentist N Dontist a chain of clinics in Hyderabad. Gold medalist in M.D.S orthodontics, NTRUHS. She has trained in the use of CLEAR ALIGNER in US & Germany and is amongst the first few to use Plastic Aligner therapy in India, for which she holds the international certification in FIVE different systems. She has to her credit, various publications in national and international journals, Mani PAVITRA has lectured at many international and national dental and orthodontic forums, including NYU.

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