

## Advantages of ayurveda treatment for Alopecia areata

**Rohit Shah**

Alopecia Treatment Centre, India

In recent time, Alopecia Areata has become a new menace for mankind. Although alopecia areata is one of the most common autoimmune diseases, the pathobiology of this chronic, relapsing hair-loss disorder is not fully understood. The available conventional treatments are disappointing. Usually Alopecia Areata is considered as a cosmetic hair problem but it is such a capricious medical condition that has devastating effects on the patient's quality of life and self-esteem. Ayurveda has described this medical condition as an INDRALUPT and there are natural treatment options given in the books of Ayurveda which was written before 5000 years ago.

### Biography

Rohit Shah has completed his Bachelor of Ayurveda and Naturopathy from Gujarat Ayurved University. He is Senior Consultant Trichologist of Alopecia Treatment and Research Centre, Surat. He is the director for Alopecia Treatment Centre [USA, UK, Europe, Canada, Malaysia and India]. Attended International conference of National Alopecia Areata Foundation held at Houston, USA in 2009. Special interest in Research of safe and natural treatment options for Alopecia Areata.

[rohit@alopeciacycure.com](mailto:rohit@alopeciacycure.com)