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## Importance of clinical research training to nurses for wider roles in clinical research- A study

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It has been observed that nurses play a great role in clinical studies with their training background of nursing only. Clinical research includes a vast number of clinical trials and short term studies that are taken over by different research groups from time to time. It is matter of fact that physicians are mostly the principal investigators for clinical trials and by default regulatory authorities also recommend a great contribution of physicians in such studies. It is also pertinent to mention here that physicians/principal investigators have limited time and practically devote lesser time for these studies. At the same time contribution of nurses attached in the clinical trial/study cannot be overlooked despite lack of scheduled training for clinical research. This study is about highlighting the role of a nurse in clinical research and the benefits of nursing graduate being trained/oriented for clinical research for wider roles in clinical research. This study reflects certain barriers like poor lack of focussed training, knowledge of technical skills, lack of communicating skills, lack of authority to make change, and poor multi-professional team work. These reasons result in a poor performance and deprived efficiency of nursing graduates in research projects. This study also highlights the better focussed role of nurses in clinical research after a clinical research training course.

### Biography

Ramandeep Kaur Romana completed her graduation in Nursing (from Malwa College of Nursing, Kotkapura, India) in year 2011. Subsequently, she had about one and half years of extensive experience as bedside nurse. Currently, she is doing MSc in clinical research from (University centre of excellence in research, Baba Farid University of Health & Sciences, Faridkot)..

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