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Daily spiritual experiences scale (DSES) in hemodialysis patients in Iran, Qazvin 2016

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Acute kidney failure is one of major causes of death and incapability in the world. Hemodialysis is the most common method to fight against it but it can lead to facing numerous physical, mental and social challenges. Spirituality - which is having a meaning of life and having a sense of hope and fixation - is the most powerful tool in effectively managing a stressful life and it may be particularly useful when being employed for chronic patients. The current study employed an analytic-descriptive method with historical cohort design on 100 Hemodialysis patients visiting Avicenna Healthcare Training Center. Samples were selected randomly. For Gathering information, Underwood & Teresi's (2002) questionnaire was used. Analyzing the data was conducted via IBM SPSS Statistics v. 22 and its descriptive tools. Findings from current study indicate that most of Hemodialysis patients in Qazvin, with a mean and standard deviation of 77.8 ± 15.4 in DSED, are on an excellent level. It can be seen that among relationships of DSES with demographic variables, marital state and career have a significant relationship with DSES and in fact, its ratings are higher among married and housekeeper samples. In spite of existence of numerous and serious problems among Hemodialysis patients, the current study showed that spirituality has a meaningful place for patients. In order to derive the best result from spirituality, a well-designed planning is needed for Hemodialysis patients or even healthy people..

Biography

Seyedeh Zahra Hosseinigolafshani has completed her PhD in Nursing from Ahvaz, Iran University of Medical Sciences in Feb 2013. She is the Director of Nursing and Midwifery School. She has published more than 10 papers in reputed journals and published 2 books in Nursing. She is administering spirituality care workshop for nurse and nurse managers.

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