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Managing the hypertensive newborns, infants and children

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Hypertension is one of the most common and well known complications following diabetes and heart diseases in adult population, but etiology and presentation of hypertension in pediatric population is quite different. Yet, despite numerous available resources and therapies, many hypertensive kids continue to have poorly controlled blood pressure management in this population might be inadequate. We will try to define hypertension in kids; will discuss different causes and managing issues in pediatric population. We also discuss different options to evaluate hypertension in children. In addition, we will try to discuss best treatment options in children. In this educational review, we will discuss key elements of managing blood pressure in children and suggest ways that may be reliably implemented in to clinical practice.