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Challenges in hypospadias surgery

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Introduction: The treatment of hypospadias is full of challenges not because of operation technique itself, but because of some other factors like: delayed diagnosis, continuation of regular long term follow-up and relative high complications.

Objective: The objective of this study includes the summary of the possible challenges we may face in managing hypospadias patients from birth till adulthood.

Methodology: Collection of personal experiences and literature regarding hypospadias management and its challenges with some suggestions to deal with these challenges in better way.

Discussion: Many known surgical procedures have been established for hypospadias. The selection of the right procedure of each patient is an individual decision which varies with location of urethral orifice, other associated problems and center experience and this decision is usually taken intraoperatively. The management of these patients should also include the psychosocial aspect and the continued education of the patient and family.

Results: It is valuable that every surgeon dealing with hypospadias has to be aware of these challenges and how to manage them. The management of other aspects like psychosocial support should be considered.

Conclusions: A comprehensive knowledge of these challenges and their management is necessary for every surgeon dealing with these patients. Management of hypospadias is not only the surgical procedure, but it includes at the same time the long term follow-up, psychosocial support and continuous patient and family education.

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