



Keynote Presentation

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An overview of temporomandibular disorders etiology, diagnosis and management in your practice

Objectives

- What are TMJ disorders?
- What causes TMJ disorders?
- Why is it challenging to diagnose TMD?
- Whose problem is it?
- Treatment options available?

Temporomandibular disorders (TMD) is a collective term embracing a number of clinical problems that involve the masticatory musculature, the temporomandibular joint (TMJ) and associated structures, or both" (De Leeuw, 2008. Basically, musculoskeletal pain disorders of the masticatory system.

In this presentation, I will give you an overview of TMJ disorders, etiology, signs and symptoms, options available in the management and make decision whether to treat or refer in a general practice. The diagnosis goes beyond jaw pain, clicking and popping of the jaw. Management is not just giving the patient a nightguard and hope for the resolution the issue.

Biography: Savitha Siddappa received her DMD degree from Henry M Goldman School of Dental Medicine, Boston MA followed by an AEGD from Lutheran Medical Center, New York, MS in Orofacial Pain and Oral medicine from University of Southern California, Los Angeles. Currently practicing as a orofacial pain specialist in greater Los Angeles area. In the last 2 decades of being in dental field, she has invested a lot of time into learning the latest advances in various aspects of managing different dental diseases. She enjoys learning new technologies in the field of dentistry and have implemented it in her practice throughout her career. Outside of work, she enjoys hiking, travelling and spend time with her family.

She is a Diplomate, American Board of Orofacial Pain Fellow; American Board of Orofacial Pain Fellow; American Academy of Oral medicine; Member of mentorship committee of AAOP.

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