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Challenges and controversies in acute post-surgical pain management

There are many challenges and controversies during the management of acute postoperative pain. Challenges include patients with chronic pain and comorbidities, the side effects of opioids, substances abuse, patients on psychotic drugs and measuring and monitoring the effects of analgesics. Controversies include the outcomes of regional anesthesia compared with general anesthesia, the optimal combination of analgesics and the use of gabapentinoids in acute pain. The talk will discuss most of the issues which may help in improvements of post- surgical pain management.

Biography

I started my career in anesthesia and critical care medicine since 1989. I have been trained in Alexandria University hospitals. I obtained Master degree in Anesthesia in 1991 from Alexandria University - Egypt. I continued my training in Ireland and I obtained Fellowship in Anesthesia in 2004 from the College of Anesthetists, Dublin -Ireland. Also, I obtained a Medical Doctorate degree in Anesthesiology from Ain Shams University, Cairo - Egypt.

I am very interested in academic and teaching activities, I delivered more than 200 lectures in anesthesia, critical care and acute pain management. I am joining most of the national and regional anesthesia meetings and conferences.

I am lecturer and instructor in many critical care courses e.g. Fundamentals Critical Care adults and pediatric courses, Mechanical Ventilation course, Emergency Neurological Life Support course, Critical Care Nephrology course, Airway Management course, Intensive Care Hepatology Course and Multi-professional Critical Care Review course.

I am the founder and coordinator of Abu Dhabi Anesthesia Club which is a monthly meeting for the anesthesiologists, pain and intensive care physicians. Also, I am organizing an annual meeting (Anesthesia Refresher Course) which focus on the perioperative medicine.

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