

Neurological Disorders of Micturition

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Neurological micturition disorders occur from intervertebral disc prolapse. Lesions in only one nerve root usually do not cause bladder dysfunction; while multiple disc lesions or massive central protrusions that completely block the vertebral canal can also cause problems with bladder emptying. The bigger the lesions, the more severe the bladder dysfunction can be. Bladder dysfunction can often be found without the typical low back and leg pain. The International Continence Association defines underactive bladder (UAB) as a complex symptom, with slowing of urine flow, straining to empty, with or without the feeling of full bladder emptying, with occasional symptoms of accumulation. The diagnosis of this situation is based on the clinical data, the symptoms, unlike hypoactivity of the detrusor muscle, which is diagnosed by means of urodynamic examinations. According to the International Continence Association, detrusor hypoactivity (DU) is a contraction of reduced duration and/or strength, where bladder emptying takes longer and/or complete emptying fails to occur. This phenomenon can occur simultaneously with an inactive bladder in many cases. Inactive bladder, although it is a frequently reported diagnosis in both men and women, has not managed to receive adequate attention due to the lack of

a consensus on the definition and definition of standardized diagnostic criteria. Therefore, UAB still remains an under-researched field with few or no therapeutic alternatives. Its diagnosis remains challenging and difficult as some lower urinary tract symptoms overlap with those of overactive bladder and bladder obstruction, misdiagnosing patients with UAB. Clinical data collected in different groups of patients with UAB show that there are a variety of etiological factors implicated in UAB, making its clinical diagnosis even more difficult. Consequently, inaccurate diagnosis not only makes the real assessment of the degree of UAB a complicated process, but also hinders its treatment.

Key words: neural disturbance of micturition, bladder dysfunction.

Biography

I am a medical doctor, surgeon urologist from Tirana, Albania. I graduated on 2000 from the Faculty of Medicine, University of Tirana, Albania. Afterwards I was specialized for four years in Urology and currently I work at the at the University Hospital Centre "Mother Teresa" in Tirana at urological department.

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