

Androgen Receptor Signaling in Prostate Cancer: New Twists for an Old Pathway

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Abstract

Secretory leukocyte protease inhibitor is a multifunctional protein with a variety of activities attributed to it. A significant increase in the expression of Secretory leukocyte protease inhibitor was noticed in syncytiotrophoblasts following differentiation of cytotrophoblasts in to syncytiotrophoblasts by addition of Forskolin. Using the BeWo cells which are derived from choriocarcinoma, the effect of addition of progesterone and estradiol on the expression of Secretory leukocyte protease inhibitor by Reverse Transcription Polymerase Chain Reaction was assessed. It was found that while addition of low concentration of progesterone resulted in a significant increase in expression of Secretory leukocyte protease inhibitor, addition of estradiol even at high concentration had no effect. The specificity of effect of progesterone was established by the observation that addition of Progesterone along with progesterone receptor antagonist (RU484) resulted in decrease in the level of expression of Secretory leukocyte protease inhibitor. These results suggest that Secretory protease leukocyte protease inhibitor is a progesterone regulated gene.

Keywords: Androgen Receptor, Prostate Cancer, GWAS, SNPs, Cistrome, Fusion Gene

Abbreviations: AR: Androgen Receptor; PCa: Prostate Cancer; ADT: Androgen Deprivation Therapy; CRPC: Castration Resistant PCa; LHRH: Luteinizing-Hormone-Releasing Hormone; LH: Luteinizing Hormone; DHT: Dihydrotestosterone; HSP: Heat Shock Protein; ARE: Androgen-Responsive Element; ChIP-on-chip: Chromatin immunoprecipitation coupled with tiled oligonucleotide microarrays; ChIP-Seq: Chromatin immunoprecipitation coupled with massively parallel sequencing; ADPC: Androgen-Dependent Prostate Cancer cell line; AIPC: Androgen-Independent Prostate Cancer cell line; GWAS: Genome-Wide Association Study; SNP: Single Nucleotide Polymorphism; DSB: DNA Double-Stranded Breaks; AID: Activation-Induced Cytidine deaminase; TOP2B: Topoisomerase II beta; HGPIN: High-Grade Prostatic Intraepithelial Neoplasia

Introduction

The critical role of androgenic hormones in prostate cancer (PCa) has been well-recognized for almost seventy years, ever since Huggins and Hodges first reported the significant clinical effects of suppressing serum androgen levels in men with advanced PCa in 1941[1]. Today, clinical intervention for this one of the most common and deadly cancers [2] still capitalizes on this early appreciation and the mechanistic understanding of how androgens are synthesized and function through the signaling pathway anchored on the androgen receptor (AR). The therapeutic regimens to suppress testicular androgen production (surgical or medical castration, termed “androgen deprivation therapies”, or ADTs), alone or in combination with antiandrogens that block AR activity, still remain the mainstay of treatment of locally advanced or metastatic PCa.

Yet patients receiving these androgen-AR axis targeting treatments, despite initial beneficial responses, almost invariably relapse with a more aggressive and typically deadly form of PCa that has been termed castration resistant PCa (CRPC). Although it is possible that CRPC may arise as a consequence of selection pressure imposed by ADTs that favours the growth of androgen-insensitive cells [3,4], recent evidence indicates that growth of the vast majority of cancer

cells in tumors relapsing from castration still depend heavily on the AR signaling axis [5-11], in an adaptation process called “AR reactivation” that involves a variety of mechanisms (reviewed in ref [12-14]). Based on this understanding, multiple novel AR signaling-targeting reagents for CRPC have been under active trial or development, some of which have shown promising clinical effects (reviewed in ref [13,15-17]).

The past five years have seen several new advances in the field, which have greatly invigorated our views about this seemingly old pathological pathway. As these new findings demonstrate, the scope of and the extent to which the androgen-AR axis contributes to the pathogenesis and progression of PCa may be significantly underestimated. This minireview intends to summarize these new advances, and discuss their potential significance in the basic, translational and clinical research in PCa.

AR Signaling: Established Knowledge

Androgens are a class of steroid hormones that control the development and maintenance of male characteristics [18]. Testosterone represents the most abundant androgenic hormone that is primarily synthesized in and secreted from testis under the endocrine control of the luteinizing-hormone-releasing hormone (LHRH)-luteinizing hormone (LH) axis [19]. Within prostate, circulating testosterone is converted irreversibly into a more potent androgen dihydrotestosterone(DHT), through the activities of 5 α -reductases (SRD5A1 and SRD5A2) [20,21].

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The effects of androgens are mediated by androgen receptor (AR), a ligand-dependent transcription factor and member of nuclear receptor superfamily [22,23]. In the absence of androgen binding, AR is held inactive in cytoplasm by association with inhibitory chaperone proteins such as heat shock proteins (HSPs)[24,25]. Binding of testosterone, or more potently of DHT, causes a dramatic conformational change of AR that releases it from inhibitory HSPs and induces its homodimerization, post-translational modification, nuclear translocation, and association to specific DNA sequences termed “androgen-responsive elements (AREs)” [26-28]. The AREs-bound AR homodimers then serve as a platform to recruit basal transcriptional machinery and other transcriptional co-regulators (coactivators and corepressors) to initiate or modulate the transcriptional program of androgen-responsive genes [27,29-31]. Expression of these AR target genes combinatorially determines a variety of phenotypes including differentiation, proliferation, survival, apoptosis, and metastasis [32-37]. In prostate, the intact androgen-AR signaling axis is required for the development and maintenance of normal prostatic tissues [38]. It is notable that the dependence of prostate cells on AR signaling persists after neoplastic transformation, which essentially underlies the androgen-driven hypothesis to explain the oncogenesis and progression of PCa, and forms the basis of all AR blocking therapies.

The detailed mechanistic understanding of how androgens are synthesized and functioned through AR signaling has facilitated development of various strategies for targeted interference of the androgen-AR signaling axis to manage PCa. Some of the treatments aim at the LHRH-LH-testosterone axis to cut or reduce androgen supplies to prostate tumors, which include surgical castration (orchiectomy, for removal of testosterone-producing testes), LHRH antagonists (e.g. Abarelix and Degarelix, for direct inhibition of LHRH receptors), and LHRH agonists (e.g. leuprolide, goserelin and histrelin, for downregulation of LHRH receptors). Others (e.g. flutamide, bicalutamide, and nilutamide) compete with testosterone and DHT for binding with AR are thus termed “antiandrogens”. These various androgen-AR targeting regimens have proved to be effective, causing tumor remission, symptomatic palliation, and improved patient survival. For example, ADT typically results in >90% reduction of serum androgens [39], leading to improved survival in high-risk localized disease and 80-90% response rate in patients with metastatic PCa [40].

However, as mentioned above, PCa patients receiving ADTs almost always end up developing CRPCs, in an adaptive process that reactivates AR signaling. A variety of mechanisms have been implicated in this process, among which include: 1) increased expression or activity of AR, by AR amplification, overexpression, gain-of-function mutations, or alternative splicing; 2) increased AR signaling, by aberrant post-translational modifications of AR, deregulation of AR coactivators, or loss of AR corepressors; 3) increased intra-tumor androgen synthesis to increase androgen levels in CRPC tumors, mediated primarily by overexpression of enzymes involved in the steroid biosynthesis (reviewed in ref [12-14,41]). Several novel CRPC-targeting drugs under development are based on these mechanistic understanding. Abiraterone acetate (ZYTIGA™), a specific inhibitor for CYP17A1 that blocks the intra-tumor and extragonadal synthesis of testosterone, was shown to cause beneficial responses in CRPC patients [42] and has been approved to treat CRPC patients receiving prior docetaxel chemotherapy in combination with prednisone. Several other new AR signaling-targeting reagents, such as the AR antagonists MDV-3100 [42] and BMS-641988 [43] and the androgen biosynthesis inhibitors TAK-700 [44] and VN/124-1 [45], have also shown promising effects and are under clinical trials.

Due to these successes in our mechanistic understanding of AR signaling and in our utilization of this knowledge in the management of PCa, current consensus goes that AR signaling plays a pivotal role in the oncogenesis and progression of PCa. Significant gaps and challenges, however, still remain to be resolved. First, although the androgen-driven hypothesis is tantalizing in explanation of the PCa etiology and progression, the epidemiological evidence for it has remained conflicting for many studies and less convincing for others. Second, great inter-individual variations are frequently observed among men in their susceptibility for PCa, their pathological progression into metastatic diseases, and their responses to the aforementioned AR blocking therapies, which are yet to be sufficiently explained. Third, almost all of the AR blocking therapies ultimately fail, leaving the question wide open as what molecular mechanisms account for these failures. These gaps are arguably all attributable to our underappreciation of the complexity of PCa and our far from sufficient knowledge of the genetic and molecular details delineating the AR signaling pathway.

AR Signaling: New Advances in the Mechanistic Study

Recently by combining chromatin immunoprecipitation with tiled oligonucleotide microarrays (ChIP-on-chip) or with massively parallel sequencing (ChIP-Seq), the genome-wide AR binding sites (termed “AR cistrome”) have been identified from a variety of PCa cell lines in multiple independent studies [46-50]. It was found that contrary to our expectation, most of the experimentally defined AR binding sites contain noncanonical AREs that are shown to be functional. One of these noncanonical ARE, located ~13.5 kb upstream of androgen-responsive *TMPRSS2* gene, was demonstrated to be a functional enhancer participating in transcriptional regulation of *TMPRSS2* and *TMPRSS2-ETS* fusion genes[46]. Furthermore, the majority of the AR binding sites were found to be located far (>10 kb) from any androgen-regulated genes [46,50], and are frequently found to contain acetylated histones H3/H4, PolII and p160 coactivators [46,50], in consistency of their role as functional enhancers.

By comparing the androgen-dependent cell line (ADPC) and its androgen-independent derivative (AIPC), generated after prolonged androgen deprivation, considerable differences in the AR cistromes as well as the AR-controlled transcriptional programs were observed [47]. One difference is in the M-phase cell cycle genes. Enhancers of these genes were found to have greater AR occupancy in AIPC cells than in ADPC cells in the presence of androgen, with high expression of these genes seen in the former correspondingly. Thus by investigating this CRPC-mimicking cell line model, this study suggests that AR may regulate a distinct transcription program in CRPC cells than in ADPC cells, which may account for their distinctive phenotypes such as androgen-independent cell proliferation.

Another noteworthy discovery is that co-occupancy of AR with other transcription factors, such as FOXA1, TEF1, PU1, GATA2 and OCT1 [46,49], was frequently found in AR-binding sites, suggesting that AR may be working in collaboration with other transcription factors to control the expression of androgen-responsive genes. In support of this view, FOXA1, the DNA-binding transcription factor that contains chromatin-remodeling activity, has been found to serve as a pioneer factor binding to the FKH motif that is often concurrent with the AREs (> 60% concurrent rate in PCa cells at the basal state[51]), opening the compacted chromatin, and allowing subsequent association of AR at the AREs within these enhancers to cooperatively regulate target gene expression. The initial binding of FOXA1 to chromatin is found to be dependent on H3K4me1/me2 distribution in a cell lineage-

specific manner [47,51]. The critical role of FOXA1 in AR signaling is further confirmed by the observation that FOXA1 knockdown triggers dramatic reprogramming of the hormonal response by causing a massive switch in AR binding to a distinct cohort of pre-established enhancers [52]. As another supportive example, ERG, a transcription factor of the ETS family that is not expressed in normal prostate epithelium but is highly expressed in PCa cells as a result of *TMPRSS2-ERG* gene fusion, has been found to bind with and suppress AR. Because there is an extraordinary degree (> 40%) of overlap between AR and ERG binding sites in *TMPRSS2-ERG* fusion-positive PCa cells, it is speculated that ERG may play a crucial role in PCa progression of these fusion-positive tumors by disrupting AR signaling in favor of a dedifferentiation program induced by *EZH2*, an *ERG* target [48].

Based on these new findings, it is evident that AR signaling is more complex than we previously thought. As demonstrated in these PCa cell line models, AR signaling pathway may involve thousands of enhancers and possibly more target genes genome-wide, and may be dynamically regulated by both epigenetic factors and other collaborating protein factors, whose context-dependent interplay may determine the various cell-lineage-specific phenotypes. This growing knowledge of the molecular details of AR signaling pathway are expected to bring about significant impact on our understanding of the mechanisms by which altered AR signaling influences oncogenesis and progression of PCa, and on our development of novel strategies for better management of the disease.

AR Signaling in PCa Etiology: Emerging Evidence

Given the central role of androgens in the development of normal prostate and the success of ADTs in the management of PCa, it has long been suggested that the AR signaling may be causally related to the etiology of PCa. Indirect evidences come from observations that men with deficiency in androgen synthesis, such as eunuchs or individuals with inactive 5 α -reductase [53,54], and those with reduced or absent AR signaling, such as males with androgen insensitivity syndrome [55] or with spinal and bulbar muscular atrophy [56], do not develop PCa, although the prostates in these men are largely undeveloped. Furthermore, androgen administration has been demonstrated to induce or accelerate prostate cancer in some animal models [57,58].

This androgen-driven hypothesis, however, has so far remained challenging to prove. In one attempt to correlate serum androgen levels with incidence of PCa, several studies observed positive associations between elevated levels of serum androgens (testosterone, DHT, etc.) with occurrence of PCa [59-61], yet these associations failed to be confirmed in several other similar studies [62-66] and the subsequent meta-analyses [67,68]. In addition, several studies have reported an association between PCa susceptibility of the polymorphic CAG repeat in AR gene, which codes for a polyglutamine (PolyQ) tract in the N-terminal domain (exon 1) of the AR protein [69,70]. This association was nonetheless not supported by several large studies [71,72]. Conflicting results have also been reported for multiple genetic polymorphisms within genes participating in the androgen synthesis or AR signaling pathways. So far the only endogenous factors that have reached a consensus to be associated with increased PCa risk are increasing age, recent African ancestry, and family history[73].

Genome-wide association studies (GWAS) have been successfully applied in the reliable search for genetic variants associated with PCa. By the end of 2010, at least 33 PCa risk-associated single nucleotide polymorphisms (SNPs) had been identified by GWAS [74-85] and subsequently confirmed [86-89], thus most likely represent true genetic

variants that influence the susceptibility of PCa. An overview of these 33 PCa risk-associated SNPs indicates that the majority of these PCa SNPs reside in non-coding genomic regions or within genes that are poorly characterized, leaving the molecular mechanism underlying these SNPs largely unknown. Recently by mapping these 33 established PCa risk loci to the AR cistrome identified by Wang et al. [47], our group found that they are significantly enriched in AR binding sites compared with other genomic regions [90]. Additionally, as many as one third (11 out of 33) of the PCa risk loci, containing these risk SNPs and the SNPs in linkage disequilibrium with them, are found to be overlapped with genomic regions containing AR-binding sites (Table 1), which notably include three PCa risk-associated SNPs at 8q24, a gene desert yet hot spot for multiple cancers. These bioinformatics analysis results were subsequently confirmed in our interrogation of genotyping data from two PCa GWAS populations [91], which showed that SNPs in the AR binding sites are more likely associated with PCa risk compared with SNPs across the genome. Although these studies provide only statistical evidence which still require experimental confirmation, they are in favor of the androgen etiology of PCa and suggest that altered AR signaling may underlie these genetic loci to confer PCa risk.

Two recent large clinical trials have lent a further support to the androgen-driven hypothesis. Reports show that administration of finasteride or dutasteride was able to cause ~25% reduction of PCa risk compared with placebos [92,93], although at an unfortunate cost to increase the incidence of high-grade prostate cancers. These two reagents belong to a class of drugs termed 5 α -reductase inhibitors, which both block the prostatic conversion of testosterone into DHT and thus can inhibit the AR activity in prostate tissues. These findings thus strongly argue for AR signaling as a common and crucial mechanism underlying the PCa etiology and pathogenesis. However, there is still a long way to go as the evidence from these studies is at present only statistical, and more in-depth mechanistic approaches and understanding is urgently required.

AR Signaling in PCa Oncogenesis: An Emerging Role of AR-Induced Gene Fusions

Ever since Tomlins et al. made the seminal discovery that gene fusions between androgen regulated *TMPRSS2* and ETS family transcription factors *ERG* and *ETV1* were a frequent somatic alteration in PCa [94], intensive efforts have been invested to search for new fusion genes, investigate the underlying mechanism of their formation, and evaluate their specific roles in the pathogenesis of PCa. *TMPRSS2-ERG/ETV1* occur as a result of intra- or interchromosomal translocations, which create gene fusions between the 5'-untranslated region of

SNPs	CHR	Position†	Regions	Known genes
rs12621278	2	173,019,799	2q31.1	<i>ITGA6</i>
rs17021918	4	95,781,900	4q22.3	<i>PDLIM5</i>
rs10486567	7	27,943,088	7p15	<i>JAZF1</i>
rs2928679	8	23,494,920	8p21.2	<i>NKX3.1</i>
rs1512268	8	23,582,408	8p21.2	<i>NKX3.1</i>
rs16901979	8	128,194,098	8q24	
rs620861	8	128,404,855	8q24	
rs1447295	8	128,554,220	8q24	
rs10993994	10	51,219,502	10q11	<i>MSMB</i>
rs1859962	17	66,620,348	17q24.3	
rs9623117	22	38,782,065	22q13	<i>TNRC6B</i>

†Position is based on NCBI build 36

Table 1: GWAS-identified PCa risk-associated SNPs that reside within the ChIP-on-chip defined AR binding sites.

TMPRSS2 (21q22.2) and the 3'- coding regions of *ERG* (21q22.3) or *ETV1* (7p21.2). *ERG* and *ETV1* are normally not expressed in prostate epithelium (*ERG* is highly expressed in endothelial cells in the prostate), but the *TMPRSS2-ERG/ETV1* fusion genes are overexpressed in PCa cells, mainly due to the acquired androgen-responsive promoter activity in the 5' promoters of the two fusion genes contributed by *TMPRSS2* [94]. To date more than 10 similar fusion genes have been identified in PCa, which involve different combination of 5' partners such as *TMPRSS2*, *SLC45A3*, *KLK2*, *ACSL2*, and 3' ETS partners including *ERG*, *ETV1*, *ETV4* and *ETV5* [95-100]. Among these, *TMPRSS2-ERG* represents the most frequent gene fusion events in PCa, found in as many as 40-70% PCa tumors [94,101-103]. All others comprise about 5% to 10% of all PCas [94-100]. It is also of note that besides *TMPRSS2*, many of these fusion genes' 5'-partners, including *SLC45A3*, *KLK2*, *ACSL2*, are demonstratively androgen-regulated genes. Thus one notable common feature shared by the majority of these fusion genes is androgen-regulated overexpression in PCa cells compared with normal prostatic epithelium.

Recently the molecular mechanism by which the two most frequent fusion genes *TMPRSS2-ERG* [104,105] and *TMPRSS2-ETV1* [104] are formed has been identified, which notably requires the activity of AR. According to the proposed models, as a consequence of AR mediated gene activation, androgen-liganded AR first binds to the intronic regions of both translocation partners at presumable regulatory regions near the future breakpoints, which creates spatial proximity for the subsequent intra- and interchromosomal interaction. AR then triggers recombinogenic DNA double-stranded breaks (DSBs) at translocation loci by recruiting several genotoxic stress-induced enzymes such as activation-induced cytidine deaminase (AID), LINE-1 repeat-encoded ORF2 endonuclease, and/or topoisomerase II beta (TOP2B). Finally, the illegitimate repair of these AR-induced DSBs gives rise to the *TMPRSS2-ERG/ETV1* rearrangements. Given that many other fusion genes also involve androgen-regulated genes (e.g. *SLC45A3*, *KLK2*, *ACSL2*) as the 5' partners, it seems a plausible hypothesis that AR is causally related to the formation of these fusion genes as well.

Accumulating evidence suggests that the recurrent AR-induced ETS rearrangements may play a crucial role in the tumorigenesis of PCa. It has been consistently demonstrated that the ETS gene fusions are present only in the neoplastic cells, but not in benign epithelial cells or stromal cells [94,102,106]. Additionally, the *TMPRSS2-ERG* fusion was observed in ~20% of high-grade prostatic intraepithelial neoplasia (HGPIN) lesions [102,107], which were notably intermingled with PCa that carried the same fusion pattern. Yet no such fusion was seen in HGPINs geographically distant to PCa, even if it was demonstrated in the PCa from the same individual [102], suggesting that the fusion-containing HGPINs may represent a subset of true neoplastic precursors for the fusion-positive PCa. Using *in vitro* and *in vivo* models recapitulating fusion-induced overexpression of ETS oncogenes, it was demonstrated that the *ETV1* or *ERG* overexpression confers neoplastic changes in benign prostate cells and induces epithelial hyperplasia and focal PIN lesions in the mouse prostate [108-110]. However no malignant phenotypes, such as increase of cellular proliferation and anchorage-independent growth, were identified, suggesting that formation of the fusion genes and the resultant overexpression of ETS oncogenes alone may not be sufficient for the malignant transformation, which may require additional genetic/molecular lesions. In concordance with this concept, PCa specimens containing the *TMPRSS2-ERG* rearrangement were consistently reported to be concurrent with loss of the tumor suppressor *PTEN* [111-113], and importantly it was further demonstrated that these two somatic alterations may cooperate to

promote PCa tumorigenesis using two independent transgenic mice models [111,112]. A synergy of *ERG* overexpression with AR signaling in transformation of primary prostate cells was also identified [110]. Taken these findings together, it is plausible that AR-induced recurrent ETS gene fusions may represent an early crucial genetic lesion which, in collaboration with other genetic/ molecular alterations, drive the whole oncogenic process of PCa.

The fact that AR is essential in both the formation and overexpression of the recurrent oncogenic *TMPRSS2-ERG/ETV1* fusion genes in PCa is prominent and significant, as it epitomizes the critical role that AR signaling plays in the oncogenesis of PCa, and reveals that this AR-induced somatic alteration may function as a common and important mechanism.

Conclusion and Future Directions

Combining the established knowledge and the novel findings reviewed in this paper, it is evident that AR signaling is much more complicated than previously envisioned and that its role in PCa may have been significantly underappreciated. As has been illustrated, AR signaling is essentially composed of a complex regulatory network that involves DNA elements (canonical and noncanonical AREs), epigenetic factors (histone code, most notably H3K4me1/me2), and collaborating protein factors (coactivators, corepressors, and crosstalking proteins from other pathways), which are hierarchically organized and dynamically regulated. Deregulation of AR signaling is, as has also been demonstrated, deeply rooted in most, if not all, processes in the pathophysiology of PCa: before and after oncogenesis, during progression into more advanced PCa tumors, and through ADT-induced adaptation into CRPC. A better understanding of the genetic and molecular details of AR signaling pathway is highly ideal for an improved therapeutic prevention, diagnosis, treatment and prognosis of this common and deadly disease.

With this appreciation in mind, several crucial future directions should be considered. First, a thorough understanding of the genetic and molecular details of the AR signaling pathway is highly required. This may include comparative studies on the histone code, AR cistromes and the expression profiles in tissues/tumors under different pathological stages (such as normal, prostatic intraepithelial neoplasia, local, metastatic, and castration-resistant PCa), and from different prostatic tumor tissues (e.g. stromal VS tumoric), identification of disease stage/cell lineage-specific AR target genes, and search for protein cofactors that play significant roles in modulating AR transcription activity. These studies are expected to provide the framework of and pave the path for utilizing the knowledge for an improved management of the disease. Second, a better profiling and a systematic evaluation of germline and somatic, genetic, epigenetic and molecular alterations within the general AR signaling pathway that are associated to each individual disease stage is highly wanted. This will facilitate identification of individuals with higher risks for developing PCa or progressing into a metastatic and more deadly disease, or with worse prognosis for a given AR-targeting therapy. Finally, development and improvement of novel or available strategies by taking advantage of this increasing knowledge is highly needed. This may include developing new AR blocking therapies against novel therapeutic targets, and improving available clinical regimens by implementing personalized medicine, i.e. by identifying PCa patients who are expected to benefit the most.

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