

## Bioassay Guided Fractionation and $\alpha$ -Amylase Inhibitory Activity of Flavanoid Isolated from *Pinus roxburghii* Sarg.

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### Abstract

*Pinus roxburghii* Sarg. is a traditional plant used in the treatment of diabetes mellitus ethnopharmacology in India and Africa. In this written report, we looked into the antidiabetic activity using  $\alpha$ -amylase inhibitory assay on extracts from the bark of *Pinus roxburghii* Sarg. by bioassay guided fractionation. The ethanol extract (43.4% inhibition) and the isolated compound (49.6% inhibition) exhibited significant enzyme inhibitory activity against  $\alpha$ -amylase. This is reported, from this plant, for the first time. The <sup>1</sup>H and <sup>13</sup>C NMR, IR and mass spectral studies of isolated compound suggested it as quercetin. Our study revealed, for the first time, the isolation and  $\alpha$ -amylase inhibitory activity of quercetin from *Pinus roxburghii* Sarg. bark.

**Keywords:** *Pinus roxburghii* Sarg.;  $\alpha$ -amylase; Quercetin; Diabetes; Ethanolic extract; Bioassay guided isolation

### Introduction

Diabetes mellitus is a metabolic issue portrayed by perpetual hyperglycemia or expanded blood glucose levels with unsettling influences in fat, starch and protein digestion system coming about because of total or relative absence of insulin secretion [1]. Postprandial hyperglycemia is a noticeable and early imperfection in diabetes [2] which can thus prompt different auxiliary complexities including danger component for cardiovascular ailments [3]. One helpful way to diminishing the hyperglycemia, particularly after a feast, is to retard and lessen the assimilation and retention of ingested carbohydrates through the hindrance of carbohydrate hydrolyzing enzymes ( $\alpha$ -amylase) in the digestive system. Accordingly, these inhibitors could diminish the postprandial climb in blood glucose concentration [4].  $\alpha$ -Amylase is one of the enzymes in the digestive framework that catalyzes the breakdown of starch to maltose lastly to glucose, which is the main sugar that can be used by the body [5]. Enzyme inhibitors can be a potential focus in numerous ranges of ailment control and treatment, as enzymes catalyze the most vital biochemical pathways [6].

The greater part of the monetarily accessible amylase and glucosidase inhibitors are of microbial origin. Their utilization has been restricted because of their symptoms, for example, fast and loose bowels because of colonic maturation of undigested sugar [7,8]. At the point when contrasted with the microbial partners, amylase inhibitors from therapeutic plant are extensively sheltered and compelling. Among 1200 plants which have hypoglycemic property, just 30% of the opposition to diabetic plants have been pharmacologically tried and explored [9]. In this manner,  $\alpha$ -amylase inhibitors can be utilized to treat disease such as diabetes, obesity and hyperlipaemia [10].

*Pinus roxburghii* Sarg. (Family: Pinaceae) is a pine inhabitant to the Himalaya [11]. *Pinus roxburghii* Sarg. has reported to exhibit different pharmacological activities such as anti-inflammatory, analgesic [12] anticonvulsant [13], antimicrobial [14] and anticancer [15] activities. Indian and African healers are using bark and leaf of *Pinus roxburghii* Sarg. to treat diabetes [16]. Our recent in silico studies demonstrated that secoisoresinol and different phytoconstituents from bark of *Pinus roxburghii* Sarg. is compelling against aldose reductase, [17] which is mainly responsible for secondary complications of diabetes [18]. Therefore, in the present study bioassay guided fractionation of ethanolic extract and  $\alpha$ -amylase inhibitory activity of isolated flavanoid was evaluated.

### Materials and Methods

#### General experimental procedures

The IR spectrum was obtained from a Perkin Elmer, Model: Spectrum-100. NMR experiments were carried out on a Bruker 300 MHz spectrometer using tetramethylsilane (TMS) as internal standard. The ESI-MS were recorded on an Agilent Chem station Gas Chromatograph equipped and coupled to a mass detector with a polar column.

#### Collection of plant material

The bark of *Pinus roxburghii* Sarg. were gathered from the hilly region of Morni, District Panchkula, Haryana, and was authenticated by Dr. A.K Sharma, Sr. Scientist at Department of Natural Product, FRI, Dehradun, Uttarakhand, India, where a voucher specimen no. 129 FHH was deposited for future reference.

#### Extraction, isolation and chromatography

Shade dried coarse powdered bark of *Pinus roxburghii* Sarg. in a quantity sufficient as per the volume of the extractor was packed in a thimble (made of filter paper sheet) and sequentially extracted with petroleum ether, chloroform, ethyl acetate and ethanol. A sufficient volume of solvent was added to the reservoir, and hot continuous extraction process in a soxhlet extractor was started. This extraction process was continued for about 48 hours or until alcohol coming down the siphoning tube became colorless. The over abundance of solvent was distilled under reduced pressure using a rotatory vacuum evaporator. (Heidolph Laborota 4011, digital). All the extracts were evaluated for their potential to inhibit the enzyme  $\alpha$ -amylase. As ethanolic extract proved to be most promising extract was further subjected to portioning between n-butanol and water. The n-butanol soluble

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fraction thus obtained was subjected to column chromatography over silica gel (number 60–120) and eluted gradually with chloroform:ethyl acetate:methanol (5:4:1). Fractions were pooled according to their similarity in behavior on thin layer chromatography. The fractions were concentrated to finally obtain compound 1 (21 mg). The compound 1 was dissolved either in methanol, chloroform, or dimethyl sulfoxide depending on its solubility for analysis. The structure of the isolated compound was elucidated from the data obtained from IR,  $^1\text{H-NMR}$  and  $^{13}\text{C-NMR}$  spectra.

### Alpha amylase inhibitory activity

The alpha amylase inhibitory activity was carried out by the method devised by [19]. Briefly, the total assay mixture containing 200  $\mu\text{l}$  of 0.02M sodium phosphate buffer, 20  $\mu\text{l}$  of enzyme ( $\alpha$ -amylase) and the plant extracts at a concentration of 100  $\mu\text{g/ml}$  were incubated for 10 min at room temperature followed by addition of 200  $\mu\text{l}$  of 1% starch in all the test tubes. The reaction was terminated with addition of 400  $\mu\text{l}$  of di-nitro salicylic acid color reagent, placed in boiling water bath for 5 min, cooled to room temperature and diluted with 15 ml of distilled water and the absorbance measured at 540 nm (Systronic-UV-VIS spectrophotometer). The control samples were also prepared accordingly without any plant extracts and were compared with the test samples containing the plant extracts prepared with different solvents. The results were expressed as % inhibition calculated using the formula:

$$\text{Inhibition activity(\%)} = \frac{\text{Abs}(\text{control}) - \text{Abs}(\text{extract})}{\text{Abs}(\text{control})} \times 100$$

### Statistical analysis

Data are expressed as mean  $\pm$  S.E.M. The data was analyzed by one-way analysis of variance (ANOVA) followed by Dunett's *t* test to ascertain the level of significance using GraphPad InStat version 3.05 for Windows. Values of  $p < 0.05$  were considered statistically significant.

## Results

### Alpha amylase inhibitory activity

Acarbose (at a concentrations 100  $\mu\text{g/ml}$ ) showed 56.7% inhibitory effects on the  $\alpha$ -amylase activity (Table 1). The Compound 1 (at a concentration 100  $\mu\text{g/ml}$ ) exhibited 49.6% of  $\alpha$ -amylase inhibitory activity. The ethanol, ethylacetate and chloroform extracts of *Pinus roxburghii* Sarg. (at a concentration 100  $\mu\text{g/ml}$ ) exhibited 43.4%, 40.1% and 30.5% of  $\alpha$ -amylase inhibitory activity respectively. However, the pet-ether extract did not show  $\alpha$ -amylase inhibitory activity. Both ethanol extracts and compound 1 showed appreciable  $\alpha$ -amylase inhibitory effects when compared with acarbose (56.7 %).

### Identification of the chemical structure of the isolated compound

The compound was characterized by comparison of their spectroscopic data with those reported in literature. From these data and those presented in Table 2, compound 1 was identified as quercetin.

**Compound 1:** IR ( $\text{cm}^{-1}$ ): 3433 (-OH), 1651 (-C=O), 1026 (-C-O);  $^1\text{H-NMR}$  (300 MHz,  $\text{CDCl}_3$ ,  $\delta$ ): 6.17 (s, 1H, 6-H), 6.38 (s, 1H, 8-H), 6.88 (d,  $J=8.4\text{Hz}$ , 1H, 5'-H), 7.55 (d,  $J=8.4\text{Hz}$ , 1H, 6'-H), 7.7 (s, 1H, 2'-H), 9.27 (bs, 4H, 5, 6, 3', 4'-OH), 12.43 (s, 1H, 3-OH);  $^{13}\text{C-NMR}$  (75 MHz,  $\text{CDCl}_3$ ,  $\delta$ ): 92.84, 97.69, 102.53, 114.51, 114.97, 119.51, 121.56, 135.20, 144.45, 146.19, 147.06, 155.69, 160.34, 163.34, 175.26.

Anal. Calcd. for :  $\text{C}_{15}\text{H}_{10}\text{O}_7$ ; C, 59.61; H, 3.33; Found: C, 59.48; H, 3.11; O, MS (EI,  $m/z$ ): 303.14 ( $M+1$ )<sup>+</sup>. The spectral data of compound

1 (Figure 1) closely matched that of 3,3', 4',5,7-pentahydroxyflavone (quercetin) reported in the literature [20,21].

## Discussion and Conclusion

In this study, quercetin, showed the highest  $\alpha$ -amylase inhibitory activity. The % inhibition values for  $\alpha$ -amylase inhibition by quercetin and acarbose (as the positive control) were 49.6 and 56.7 respectively. This is the first report of the  $\alpha$ -amylase inhibitory activity of quercetin, the isolated compound from *Pinus roxburghii* Sarg. Also, previous studies have reported the isolation of sitosterol [22], tannins [23], hexacosyferulate [24] from *Pinus roxburghii* Sarg., but the isolation of quercetin from the plant has not previously been reported. Moreover quercetin isolated from other plants has shown prominent antidiabetic activity [25]. This study shows the possibility of using ethanol

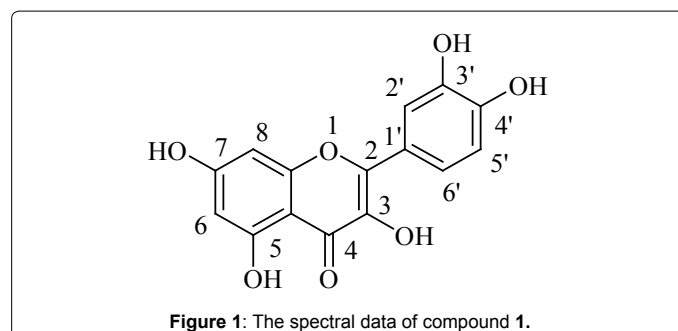
Extract	Concentration	Absorbance	$\alpha$ -amylase (% inhibition)
Control		0.969 $\pm$ 0.06	---
Compound 1	100 $\mu\text{g/ml}$	0.443 $\pm$ 0.02	51.1
Ethanol	100 $\mu\text{g/ml}$	0.518 $\pm$ 0.17	43.4
Ethyl acetate	100 $\mu\text{g/ml}$	0.550 $\pm$ 0.02	40.1
Chloroform	100 $\mu\text{g/ml}$	0.643 $\pm$ 0.03	30.5
n-Butanol	100 $\mu\text{g/ml}$	0.458 $\pm$ 0.14	49.6
Pet ether	100 $\mu\text{g/ml}$	---	No activity
Acarbose	100 $\mu\text{g/ml}$	0.389 $\pm$ 0.14	56.7

Table 1: Enzyme inhibition activity of isolated constituents.

Carbon no	Literature data		Isolated compound data	
	$\delta^{13}\text{C}$	$\delta^1\text{H}$	$\delta^{13}\text{C}$	$\delta^1\text{H}$
C-2	146.9		146.19	
C-3	135.2		135.20	
C-4	176.0		175.26	
C-5	160.9		160.34	
C-6	98.3	6.18 (d, $J=2.0$ Hz)	97.69	6.17 (s)
C-7	164		163.34	
C-8	93.5	6.37 (d, $J=2.0$ Hz)	92.84	6.38 (s)
C-9	156.3		155.69	
C-10	103.2		102.53	
C-1'	122.2		121.56	
C-2'	115.0	7.73 (d, $J=2$ Hz)	114.51	7.7 (s)
C-3'	145.2		144.45	
C-4'	147.8		147.06	
C-5'	115.8	6.87 (d, $J=8.0$ Hz)	114.97	6.88 (d, $J=8.4$ Hz)
C-6'	120.1	7.62 (dd, $J=2.0, 8.0$ Hz)	119.51	7.55 (d, $J=8.4$ Hz)
3-OH		12.49 (s)		12.43 (s, 5-OH)
5-OH		9.6 (br s)		9.27 (br s)

br s-broad singlet, j=coupling constant, s-singlet, d-doublet, dd-doublet of doublet

Table 2:  $^1\text{H NMR}$  and  $^{13}\text{C NMR}$  data of isolated compound.



extract of *Pinus roxburghii* Sarg. and quercetin to decrease postprandial hyperglycaemia. Also, the study justifies the use of *Pinus roxburghii* Sarg. in the management of diabetes mellitus by Indian and African healers.

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