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## **Editor Note**

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## Introduction

Diabetes is the most common metabolic disorder out of various lifestyle diseases associated with many complications including childhood diabetes, type 1 diabetes, type 2 diabetes, diabetes cholestrol, endocrine system diseases etc. The condition develops due to abnormalities in carbohydrate metabolism and insulin synthesis resulting in high blood sugar with symptoms such as elevated hunger and thirst, polyuria, glycosuria, lethargy etc. The journal is focused on cutting edge research in the prevention, pharmacological treatment, management, and education of diabetes and related disorders.

This diabetes has become a global epidemic problem with estimates of prevalence ranging from 20 to 40% in different populations and has been recognized as a powerful risk factor for the development of cardiovascular disease. Thus, effectively fighting this disastrous health problem is a matter of utmost urgency. To fulfill this mission, our journal, Journal of Diabetes and Metabolism, started its long journey in early 2012. Since then, we have set up the scope to publish the most exciting original research articles and reviews on metabolic syndrome with the purpose to facilitate research and teaching and to provide reference for this field. So far, we have made substantial progress and have successfully published 6 volumes and running towards 7 volume;

8 issue with additional special issues. The valuable information from these published articles has become an important resource for researchers and clinicians to fight and eventually to conquer.

In this issue of Journal of Diabetes and Metabolism, an intriguing study by Kirsti Tiihonen et al. suggests an Effect of Dietary Betaine on Metabolic Syndrome Risk Factors in Asian. Another clinical study in this issue by Rachel C et al. indicates that The -765G>C Cyclooxygenase-2 Promoter Polymorphism is associated with Type 2 Diabetes Mellitus, Low High-density Lipoprotein and Manifest Angina. The results stated that Genotype data was available for all subjects.

The distribution of genotypes across the sample was not in Hardy-Weinberg equilibrium and There was no difference in ethnic group (Caucasian%) by genotype

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