

Editorial: Dermaplaning

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EDITORIAL

The function and appearance of the skin barrier is crucial. The normal surface cell shedding process is disrupted by insufficient hydration leading to slackening, itching, dry, inelastic skin, leading to barrier dysfunction. Adequate moisture is essential for the treatment of skin susceptible to eczema. Corticosteroid topics and emollients cannot aid in decreasing eczema flares if due to barrier failure they cannot reach the surface of the skin. Exfoliation is helpful to remove keratinized skin cell interfering with the correct functioning of the barrier. Dermaplaning is a new way for real-time exfoliation of skin. In addition, dermaplaning may be used to remove the cellular blockage that prevents effective topical therapy treatments and their efficacy in the processing protocols of individuals with excessive cellular accumulation or atopic dermatitis.

Dermaplaning is a non-invasive treatment that contributes almost everywhere in the body to maximal exfoliation of the epidermis. It helps to light up the skin more efficiently, determines the treatment protocol and can help to promote optimum post-treatment outcomes. All type of skin can be treated safely without invasion, without discomfort. It may be an autonomous or pre-treatment therapy. Dermaplaning is a good treatment choice even for those who cannot mechanically microderm or exfoliate with chemicals because of unpleasant effects or counter indication.

The new method enables the doctor, nurse or well qualified esthetician to exfoliate the skin physically with much more detail, including the nose, ears, hands, torso and even eyelids. Dermaplaning is particularly useful for those with atopic dermatitis or hyperkeratosis. Impressive changes are observed after a single treatment, including the retention of moisture, which have a major effect on the skin's structure and function and hydration. It is performed using a 10 or 10R scalpel gauge scalpel.

The blade can be a carbon fiber or stainless steel but most people prefer to use the stainless steel blades because they give a better result. Medical grade dermaplaning cannot be compared with at home models typically sold online because of the sharpness of the blade. At home dermaplaning kits will leave micro cuts and scratches on your skin. Medical grade dermaplaning ensures

smooth removal of unwanted debris from the face.

The dermaplaning process starts with cleansing the skin and applying a degreaser. The skin is then held tightly and the blade is gently scraped back and forth across the skin at a 45° angle until all the dead skin and hair is removed. There is no pain associated with the treatment and most patients fall asleep during the procedure. Afterwards, serums and sunscreen are applied to hydrate and improve texture if the skin. The person undergoing dermaplaning can resume their normal regimen directly after the treatment, but they will probably be a little more sensitive to the products they are using since the products will penetrate much quicker.

A typical dermaplaning treatment takes around 30 minutes. If a person wants to have a facial, light chemical peel, or even a BBL treatment, he/she should plan 45 minutes to an hour for the treatment.

Some potential benefits include reduction of finely shaped lines and wrinkles, scarring of acne or sun-damaged skin, restoration of a young skin shine, removal of smaller hairs that can bind on oil and debris.

The efficiency of dermaplaning primarily depends on the professional experience and aspirations of the person. An individual may desire to study past customers' evaluations before making an appointment.

Possible dermaplaning hazards include: Cuts or nicks, skin redness, development of whiteheads, infections or scarring, but these are uncommon.

A person should expect a professional to use sterile equipment to conduct the procedure in a clean atmosphere. The user should not take the process if the treatment area does not appear to be clean. The professionals need to have adequate training and experience. People may monitor local laws and make sure the provider has the appropriate certificates and permits in place. It takes less than an hour and is brief. Following dermaplaning, a specialist may encourage a client to have a chemical peel because this method prepares the skin for the peel and enables products to sink deeper into the skin with the aim of quicker or better results.

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