



Pelvic Floor Relaxation Recurrent Urinary Tract Infections Urinary and Fecal Incontinence

Diana Hankey Underwood

Certified Registered Nurse Practitioner, United States

Abstract:

Inconsistent conceptualization – What defines an infection, what is pelvic floor relaxation?

Symptoms urinary urgency, back ache, incontinence, slowing of urine stream, bulging, constipation, stress, infections with potential complication of dementia Vastness of recurrent UTI & POP. Only 30% of urinary tract infections occur in women with uncomplicated infections (Grover, Bracamonte, Kanodia, Edwards, & Weaver, 2009). (but we treat the other 70% the same way). Dubai: Around 42% women in the UAE at the mean age of 38 suffer from urinary incontinence.

Vastness and harm of these problems the creation of antibiotic resistance, which is a global concern

- Two prime times: post-partum and later life
- The paucity of appropriate guidelines

The errors compared to current concepts

My own experience with patients who were being treated in 'routine' manner.



Dr. Anderson's mother – case *Lactobacillus rhamnosus* GR-1 and *Lactobacillus reuteri* RC-14Imogene at 102.

There are guidelines and then there is the way that everyone in your city provides care – and you have to know who cares if you start doing it differently.

Who will help you and who will trip you and how –

I found a gerontologist and an infection control doctor and a urogynecologist interested and willing to help me.

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