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# Periorbital rejuvenation

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### Abstract

Guideline for local anesthesia in use of injectable fillers in use of injectable fillers in perorbital region: - Historically aneashesia protocol constituted the pre-treatment part of the injecting regimen. Recently some physicians have started to combine anesthesia such as lido cain with injectable dermal fillers itself. The combined solution of dermal fillers and anesthesia is administer together.

**Nerve Blocks:** - Nerve blocks total anesthesia to the area being treated by anesthetizing the main trunk of nerve.In tissue infiltration aneasthesia is injected just below the skin in the surrounding area that is to be treated with dermal filler.

**Physical Aids:** - Physical aids include vibration icing and cooling (Zimmer Chiller) provide a temporary aneasthetic condition so that the pain of injection is somewhat mitigated.

**Environmental Aids:** - Finally, environmental aspect can be modulated so that anxieties of the patient are lessened. These include listen music and talking softly (talkesthesia) with patient throughout the injection period.

**Treatment Supplies for Dermal Fillers Injection:** - protocols for pre-treatment aneasthesia & dermal fillers. 27G 1 <sup>1</sup>/<sub>4</sub> inch and <sup>1</sup>/<sub>2</sub> inch needles.30 G 1-inch or 27 G 1 <sup>1</sup>/<sub>4</sub> inch or <sup>1</sup>/<sub>2</sub> inch needle for numbering. Non-latex-Gloves, Mirror ,4\*4 or 3\*3 gauze pads, Sharps container, camera for before and after photos, signed consent form , white eyeliner pencil for marking and alcohol pads for cleansing area.

**Injection Technique for Facial Beauty:** The technique focus on trying to decipher objective parameters in creating a template to maximize each individual's facial beauty. The technique offered is personal and as is evidence below not a unique concept. It in no way represents the best or sole method to non-surgically release the patient's facial beauty potential.





# **Biography:**

Dr. T.A Rana is a Director of Skin Laser Centre (A Research institute) Noida and Senior Consultant Dermatologist at Shri Ram Hospital and Heart Institute Delhi and Goodwill Hospital Noida. Dr. T.A Rana is a Member of IMA (Indian Medical Association), IADVL (Indian Association of Dermatologist Venereologist Leprologist), IACLS (Indian Association of Cosmetic Laser surgeon) and AAD (American Academy of Dermatology).Member of ECAM(European college of aesthetic medicine) Member of ISDS(International society of dermatology surgeons)

### Speaker Publications:

 Lasers, lights, and related technologies in cosmetic dermatology Publication date August 31, 2018 Surgery: Current Research

15th International Conference on Dermatology and Cosmetic Medicine; London, UK - April 13-14, 2020

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